



May 2017

RSES is a collaborative learning environment inspiring excellence for all.

IN THIS ISSUE

- ⇒ RSES Parent Survey
- ⇒ 4th Grade Mesa Verde Field Trip
- ⇒ HPS Incoming 6th Grade Parent Orientation Night
- ⇒ Wild West Day: Volunteers Needed!
- ⇒ Jump Rope for Heart Thanks You!
- ⇒ Ski School Club Vail / RSES Program Open House
- ⇒ Summer Reading Program
- ⇒ Calendar of Events
- ⇒ Counselor's Corner

Dear Parents and Guardians,

It has been an amazing year with your children. They have grown tremendously and are ready to step up to the next grade level. As summer routines set in, please remember how important it is to have your child read on a daily basis. Combating the summer slide (when children lose part of skills they have gained during the academic school year) is crucial. If you need or want help identifying your child's reading level to help you select books at the library, talk to your child's teacher.

It is that time of year when we like to collect your thoughts and feelings as to how Red Sandstone is doing as a school. We would truly appreciate the feedback you can provide us by completing the Parent Survey. The Accountability Committee uses this feedback to create goals and recommendations for the school. An example of this is how our specials changed last year (Spanish put on hold until we have more money to invest in the program) regarding the feedback that was provided by the survey. Thank you in advance for taking the time to make Red Sandstone better then ever!

Enjoy your summer and we will see you in August!!
Respectfully,

Marcie Laidman, Principal



AfterSchool Plans...

When informing the school of your student's after school plans, please call the office at 970-328-2910 BEFORE 2pm. Our teachers are busy focusing on their classes and do not always have availability to check their emails or phones. The best way to get messages to your child(ren) is through the front office before 2pm.

RSES Parent Survey: How are we doing?

Submit by Wednesday, May, 17th

Please take a few moments and tell us how we are doing as a school. We value your input! The Accountability Committee reviews the results and makes recommendations to me regarding improvements for our school. Thank you in advance for helping make Red Sandstone Elementary the best possible school it can be!

[Click Here to Complete the Survey: www.surveymonkey.com/r/8PZGF6M](http://www.surveymonkey.com/r/8PZGF6M)

4th Grade Mesa Verde Field Trip

May 16th—May 19th

The fourth grade trip to Southwestern Colorado has been a Red Sandstone tradition for more than 30 years. In addition to visiting and touring Mesa Verde National Park, we visit the Great Sand Dunes National Park. Throughout the school year, fourth graders in Eagle County study Colorado history, culture, people, and geography. We also investigate the unique and fascinating formation of the Great Sand Dunes, as it relates to our study of processes that shape the earth in Science. Our end of the year trip to Southwestern Colorado is in essence the culmination of our yearlong study of Colorado.

The Mesa Verde trip is a four-day extravaganza. We travel to Mesa Verde on our first day, and over the next two days we visit the Anasazi Heritage Center and Balcony House, tour the mesa top, and the kids even become junior rangers. We camp for two nights in the park, cooking our own food (well the parents cook), cleaning our own dishes, packing our own lunches, and setting up/breaking down our own tents.

On the third day we start the day with a beautiful hike, and then travel to The Great Sand Dunes. We enjoy a night of camping and then hike up the dunes the next morning. We finally return to Red Sandstone on the fourth day, happy but exhausted.

This journey is something that students at RSES look forward to from the time they are in Kindergarten. Many older students and adults fondly recall this trip as the highlight of their elementary school career. This year's trip will take place from Tuesday, May 16-Friday, May 19.



Homestake Peak School (HPS) Incoming 6th Grade Parent Orientation Night

Monday, May 22
6:00- 7:30pm in the
HPS Classrooms

Parents of incoming 6th-grade students to HPS for 2017-18 School Year are all welcome to attend the HPS "Moving Up" Night! Parents will participate in a mock school day rotation. Parents will also be able to meet the 6th-grade teachers and get a feel for what their students' will be engaged in for their 6th-grade year. Please meet in the HPS Auditorium at 6:00 pm. 6th Grade Class Rotations will begin promptly at 6:30.

Wild West Day: Volunteers Needed!

Organizing for the 'BIG EVENT' has already started! Our PTO needs two or three more volunteers for these posts. These are positions that MUST get filled in order for us to get contributions from this event.

- ⇒ Solicitations ([click here for the job description](#))
- ⇒ School Coordinator (makes sure school-specific duties get done)
- ⇒ Activities Co-chair ([click here for job description](#))

Please email rsespto@gmail.com to raise your hand!

Jump Rope for Heart Thanks You!

Thank you to everyone who helped raise funds for the Jump Rope for Heart! American Heart Association greatly appreciates your participation and hopes you take pride in knowing your contribution will help save lives. We look forward to you being part of the program again next year.

The following students are our top fundraiser: Sage Qwin, Laszlo Ludwig, Zeme Braunholtz, Kiki Hancock, and Jett Price. [Click here to see the thank you message from the AHA.](#)



Ski School Club Vail / RSES Program Open House

Monday, May 15 4:00–
5:00pm in Library

Families are invited to come and learn more about the new partnership with Ski School Club Vail and RSES for next year. We will be discussing requirements, costs, scholarships, transportation, academics, etc. Come with your questions!

Avon Library 2017 Summer Reading Program

Wednesday, June 7 at 1:00pm

Eagle Valley Library District (EVLD) is kicking off their summer reading program at the Avon location on Wednesday, June 7 at 1:00pm. Bookworms can register online starting Thursday, June 1. Registrants will get a free book bag containing a reading log, stickers, and a complete schedule of summer events!

[Click here for more details:](#)
<http://www.evld.org/kids/summer-reading>



May 2017



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

☼ 8am-2pm 5th Grade Revolutionary War Reenactment at Maloit Park

2

☼ 3-4pm PTO Meeting
☼ 6:30pm Vail Children's Choir Show "A Kid's Life"

3

4

5

☼ 1:30-2:30pm Bravo Concert for 1st-5th (gym)

8

9

☼ 9am Kinder Show
☼ 10:30am Sun Safety

10

11

☼ 5:30pm Spring Musical Grades K-5th

12

☼ 8:30 - 10:30am Kinder to Vail Public Library

15

☼ 8:30am-1:30pm 5th Grade Orientation Day at HPS
☼ 4pm SSVC/RSES Program Open House

16

☼ 5th Grade Track Meet at HPS

17

☼ 1:15-2:30pm 3rd Country Presentations
☼ 3pm Accountability Meeting

18

☼ 11am 1st Grade Play
☼ 11:30am 3rd grade butterfly launch at Ford Park
☼ 11am 1st Play

19

☼ 2:15pm 4th Quarter Tiger Awards

4th Grade Mesa Verde Trip! Check Facebook for pictures of all the fun they are having!

22

☼ 6:00- 7:30 pm HPS Incoming 6th Grade Parent Orientation Night

23

☼ 8am - 12pm Steeple Chase

24

☼ Bike to School Day
☼ Kinder to Red Sandstone Park
☼ 12:30pm Book Safari Assembly

25 NO

AFTERSHOOL
☼ 9am Continuation Ceremony
☼ 1st & 2nd to Red Sandstone Park

26



A Couple Things to Note for Next Year...

☼ First Day of School for 2017-18 is on Wednesday, August 16th, 2018



COUNSELING CORNER!

with Miss Millette

April Counseling Themes and Lessons

What a month April was! With testing pretty much all month long in grades 3-5, and an exciting spring break, we were full of big emotions. In April, our lessons were centered around mindfulness and how to practice keeping a healthy mind to go along with our healthy bodies. For some kids, testing can bring a lot of anxiety and it is important for us to properly model coping skills for children when they start to feel anxiety creep on. Studies suggest that the earlier a prevention or intervention is executed for children with anxiety can significantly decrease these behaviors and feelings from perpetuating in the later years. Anxiety among children has also been linked to academic performance; when kids feel stressed or anxious, it is very hard for them to learn and succeed academically. We want our kiddos to feel as relaxed and ready for these tests as possible so that they can perform at their highest level!

**Mindfulness: What is mindfulness? How do you practice mindfulness? Why is it important to try to add mindfulness into your daily or weekly routines? Practice using these coping skills listed below in the *Coping Skills Wheel* over the summer when you start to feel a strong emotion!*

Coping Skills Wheel

9 Ways to Handle Big Emotions



R-Respect

S-Succeed

E-Excel

S-Solve

"Paradise is not a place; it's a state of consciousness" - Sri Chinmoy